



Activities Volunteer

Main Purpose

Quo Vadis Trust provides social housing, care & support for people in South East London and Croydon, living with mental health needs.

We provide a supportive living environment for adults who are at risk. We work in partnership with our clients to support recovery, increase independence, maximise potential and promote the best possible quality of life. Further information can be found here: <https://qvt.org.uk/client-volunteering-vacancies/>

Main purpose of the role:

Working as a volunteer Activities Volunteer can be a very rewarding experience. Activities Volunteers support clients and lead activities, workshops, and seasonal events. An activities volunteer helps with the planning and execution of various activities and events, often working directly with participants. This role can involve setting up, assisting with activities, providing information, and ensuring a positive experience for attendees.

Activities Volunteer Role:

- Assist in planning and executing various events and activities. These activities are structured yet informal and fun, consisting of at least two volunteers who organise small groups with clients, such as coffee sessions, creative sessions, gardening sessions, etc. Each session lasts 1-2 hours. Refreshments are provided.
- Prepare welcome bags for new clients.
- Help to organise occasional events with staff.
- Can commit to a minimum of 2 hours a week or 6 hours a month.

This role would suit someone who:

- Has a keen interest in having their say and contributing to the QVT team
- Has a positive and engaging attitude can make a positive difference in participant experience
- Is creative and caring, friendly and adaptable
- Is trustworthy, non-judgmental and empathic
- Is able to work in a team and has good communication skills or is willing to develop good communication skills
- A person who is open-minded and enjoys meeting new people from various backgrounds, and is respectful of differences and engages in line with the QVT ethos of Equality and Diversity in our environment.
- Has IT and admin skills or is eager to learn them.

Benefits of volunteering with QVT

- Volunteers will receive the necessary training to develop the right skills and knowledge.
- A supportive, learning environment and the opportunity to gain valuable experience working in partnership with other peer supporters and QVT staff.
- QVT reimburses travel expenses to and from schemes for events, and complementary vouchers, gifts, and outings.
- Volunteers receive a Lewisham Contributor Card,

To express an interest:

- Send an email to Volunteers@qvt.org.uk