



Statement of Purpose

Quo Vadis Trust (QVT)

Maximising Independence | Supporting Recovery | Building Communities

Who We Are

Quo Vadis Trust (QVT) is a charitable organisation providing vital housing, care, and support services for adults living with mental health challenges and complex needs. Established with the mission of empowering individuals to live independently and with dignity, we currently support over 130 clients across Southeast London through a range of supported living, residential care, and community-based services.

Our work is grounded in compassion, professional expertise, and a deep commitment to recovery, inclusion, and empowerment.

Our Purpose

To deliver high-quality, person-centred housing and support that enables people with mental health and complex needs to live meaningful, independent lives in the community.

Our Vision

A society where people with mental health needs are not defined by their diagnosis but are supported to live full, empowered, and purposeful lives.

Our Mission

To provide safe housing, tailored support, and care services that promote recovery, resilience, and personal growth for people with mental health challenges.

Our Ethos

- **Respect** – We recognise and honour the worth, rights, and dignity of every individual.
- **Empowerment** – We promote independence by building confidence and encouraging personal choice.
- **Compassion** – We work with empathy, understanding that every person's journey is unique.
- **Collaboration** – We work in partnership with residents, families, professionals, and communities.
- **Accountability** – We are transparent, responsive, and committed to continuous improvement.

Our Values

Dignity, Excellence, Respect, Integrity, Kindness

What We Do

Quo Vadis Trust offers a spectrum of services that bridge the gap between the streets, hospital, the criminal justice and home:

Supported Housing

We provide semi-independent supported accommodation with tailored one-to-one support and structured programmes to help individuals manage their mental health, build life skills, and transition towards full independence.

Residential Care Homes

QVT operates CQC-registered residential services, including Elmwood Lodge and Hatherley Road, for clients requiring 24/7 support in a safe, stable, and homely setting.

Floating Support Services

Flexible, community-based support for people living independently who need help managing tenancies, accessing services, and maintaining wellbeing.

Recovery-Focused Interventions

We provide structured activity programmes, key working, and personalised support plans that prioritise recovery goals and personal aspirations.

Our Approach

At QVT, we take a **person-centred, recovery-oriented** approach to care and support. We work with each individual to develop tailored plans that recognise their strengths, goals, and needs. We view our clients as partners in their own journey and create pathways that promote stability, choice, and lasting wellbeing.

Our services are trauma-informed, culturally aware, and delivered by highly trained staff committed to best practice and compassion.

Quality & Governance

- Registered Provider with the Care Quality Commission (CQC)
 - Regulator of Social Housing
 - Charities Commission
 - Robust safeguarding, compliance, and feedback systems
 - Annual Quality Assurance reviews and resident surveys
 - Highly skilled leadership and frontline staff
 - Commitment to continual staff training, development, and reflective practice
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Leadership

Chief Executive Officer: Ingrid Tennessee

A visionary leader with over 25 years of experience in the third sector, Ingrid drives QVT's strategic direction with a passion for inclusion, service excellence, and innovation.

Chief Operating Officer: Aditee Naik

Responsible for overseeing service delivery across QVT's housing and care operations, Aditee brings more than 15 years of experience in healthcare.

Contact Us

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