



JOB DESCRIPTION

Job Title	Sessional Counsellor
Responsible to	Head of Operations and Activities & Volunteers Coordinator
Responsible for	N/A
Hours	8 hours per week / one full day or two half-days per week (part-time)
Service	Operations
Salary	£35 - £40 per hour depending on accreditation and experience; to cover client session, admin, notes, outcome and data management. Attendance at meetings paid at a rate of £15 an hour. Full induction training paid at a rate £15 per hour.

1. Organisational Context

Quo Vadis Trust (QVT) is a specialist housing charity based in South East London that provides supported housing for those with complex mental health needs. This is in order to maximise our clients' independence and well-being.

Volunteers and sessional workers support our core staffing team to offer a holistic programme of service delivery. Together we can serve our purpose of aiding the recovery of our clients to move into independence and meaningfully contribute to their communities.

2. Job Purpose

This is an exciting time for QVT. We are rapidly expanding and developing and now are looking to recruit an accredited BACP experienced adult therapist/counsellor. We expect you to be qualified to at least the equivalent of a post-graduate diploma to join our dynamic team to start a pilot counselling project. The postholder will provide virtual, telephone and face-to-face sessions to clients suffering from a range of mental health issues. The counsellor is expected to deliver a minimum of 4 sessions per week and provide short term interventions of up to 6-12 weeks for a client.

The Counsellor is required to take considerable responsibility around the complexity of their casework and to work autonomously. Teams meetings and supervision will be through Microsoft Teams.

3. Main Responsibilities

- Providing one-to-one counselling to QVT clients
- Receiving and processing new referrals
- Liaising with QVT key staff
- Completing assessments
- Supporting with reports for funders and partners



quo vadis trust

- Maintaining appropriate records of counselling in line with legal, ethical and organisational policies.

This job description is as it is presently constructed. This will be reviewed periodically and at each annual appraisal to ensure that the job description fully reflects the responsibilities of the job. It will be updated and amended in keeping with service changes and developments.

PERSON SPECIFICATION

Job Title	Sessional Counsellor
Department	Operations

Education, Qualifications and Training	Essential or Desirable	Method of assessment
A minimum of a Post-Graduate Diploma or equivalent	E	Application form
A CBT qualification, or CBT training/experience	D	Application form
BABCP accreditation	E	Application form
BABCP Licence	D	Application form
Experience		
Experience within the NHS or a mental health care setting	D	Application form Interview
Experience working with people who suffer from varying levels of mental health difficulties	E	Application form Interview
A minimum of 2 years of counselling experience	E	Application form
Other relevant criteria		
Has Enhanced DBS clearance	E	DBS Check

Applications particularly welcomed from anyone identifying with a protected characteristic. At QVT we pride ourselves on being inclusive; as such we are registered as a Mindful Employer and are Disability Confident Committed. So what are you waiting for? Please apply for this new post and be the difference that we seek.